

UnitedHealthcare is proud to announce a collaborative effort with eDoc4u to meet the specific health care requirements of the African American community and Historically Black Colleges and Universities.

eDoc4u provides online preventive medical care tailored to the unique needs of HBCU employees and their families to stay healthy.

As an extension to myuhc.com, eDoc4u helps you understand and manage **your personal disease risks**.

Your specific risks for heart disease, diabetes, cancer, asthma and other conditions are calculated relative to other peers of similar age, gender and ethnicity. Unique actionable recommendations are identified to lower these health risks.

Using video-on-demand presentations, **our physicians deliver culturally competent recommendations** that are specific to your preventive care needs. These include; lab tests, exams, special procedures and self-care.

Better communication, individual understanding, and care management for a **healthier life**...

eDoc4u is a strategic partner of **Meharry Medical College**, providing web-based culturally competent preventive care programs to ethnically diverse communities.

eDoc4u and Meharry have **pioneered interactive preventive care and intervention services** in community health center settings to improve the quality of medical services and affect positive outcomes.

Preventive Care Plan

Printer-Friendly Format
Email Recommendation Output

Hello Jack Olexy and welcome to your personalized MedChartPrevention Preventive Care Plan brought to you by Healthstream. Based on your profile, MedChartPrevention has generated an interactive list of your disease risk values and suggested steps to address your disease risk. As of 04/11/2006 your Preventive Care Plan is listed below.

Disease Risk Categories:

- Coronary Artery Disease (CAD)
- Diabetes
- High Blood Pressure
- Colon Cancer

Disease Risk Index:

Compared to a typical man your age and ethnicity your risk of Coronary Artery Disease (CAD) is High.
High risk does not mean you will definitely experience Coronary Artery Disease (CAD). This is an estimate based on your MedChartPrevention profile, and is not intended to be an exact forecast of how likely you are to experience Coronary Artery Disease (CAD). If you have any concerns, please speak to a doctor. Below is a graph illustrating your risk level.

Low Medium High

What's contributing to my risk and by how much?
The following is a list of the top 5 item(s) in your MedChartPrevention profile that have contributed towards your risk of Coronary Artery Disease (CAD). Each item is also accompanied with the approximate percentage the associated item has contributed towards your risk of Coronary Artery Disease (CAD).

Preventive Care Plan

Printer-Friendly Format
Email Recommendation Output

Hello Jack Olexy and welcome to **your personalized** MedChartPrevention Preventive Care Plan. Based on your profile, MedChartPrevention has generated an interactive list of preventive recommendations for you. For your convenience the number of prevention recommendations for each category is listed in parenthesis next to the category name below. As of 04/11/2006 your recommendations by category and priority are listed below.

Recommendation Categories:

- Medical
 - Lab Tests (3)
 - Exams (6)
 - Special Procedures (1)
 - Self Care (4)

Prevention Recommendations: Select eDoc4uVideo Viewing Speed: HighSpeed

Lab Tests:
This Recommendation category refers to preventive medical lab assessments such as blood tests, urine analyses, and fecal evaluations. These tests are routinely performed in a hospital or primary care clinic. These lab assessments include cholesterol panels, blood counts, blood sugar testing, and urine collections to name a few.

- Cholesterol** - A cholesterol blood test is recommended. Early detection of abnormal cholesterol values can help get proper treatment underway, and thus reduce the risk for developing heart disease.
 - View eDoc4uVideo
 - Manage!
- Fecal Occult Blood Test** - Because of your colon cancer risk factors, Fecal Occult Blood Testing (FOBT) is recommended. Occult stool blood testing helps prevent colon cancer by identifying suspicious colon lesions that may be causing blood loss into the bowels.
 - Why Me?
 - View eDoc4uVideo
 - Manage!
- Prostate Specific Antigen** - A screening PSA (Prostate Specific Antigen) blood test is recommended. This PSA blood test is a safe screening test that helps detect early Prostate Cancer.
 - Why Me?
 - View eDoc4uVideo
 - Manage!

Click on Video Link

Cholesterol

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